



**BALANCED
ENERGY**

Beauty, Energy, Health, Healing

Course Programme

Welcome to our programme of courses teaching Vibrational Medicine and Natural Spa Therapies. These are held at the Balanced Energy Beauty Spa + Health Clinic in Whangaparaoa, Auckland and facilitated by qualified practitioners with international experience in their fields.

Ear Candling



Linda Woodgate, an experienced healer and teacher trained in the UK, teaches this ancient healing art for clearing the ears and sinuses. Hopi Ear Candling is a very gentle, safe way of working with the ears. Gain confidence and learn how to enhance the Ear Candling process with massage and pressure points around the ears, face and head. \$425.00/ \$375.00 booked and paid for in advance (includes candles & manual)

June 18-19 9.30am-4.30pm

September 17-18 9.30am-4.30pm

Indian Head Massage

With Linda Woodgate, an experienced healer and teacher trained in the UK. Indian Head Massage is practiced seated in a chair, fully clothed. Learn this simple but amazing technique of over sixty different hand movements to bring about relaxation and many other health benefits for clients.

\$385/ \$295.00 booked and paid for in advance (includes manual)

May 28-29, 9.30am-4.30pm

August 20-21 9.30am-4.30pm

Introduction to Holistic Massage



Taught by Peter Woodgate, a UK trained holistic massage practitioner, this course is designed to introduce you to a revolutionary way of working with the body and leads into a full one year course in Holistic Massage starting in 2012. Learn how to read the body fully to practice massage techniques for all round health. \$385.00/ \$295.00 booked and paid for in advance

September 24-25 9.30am-4.30pm

All course prices include refreshments and a light lunch and are held in the tranquil atmosphere of the Balanced Energy Beauty Spa + Health Clinic, Shops 1-3/ 5 Link Cres., Whangaparaoa,

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